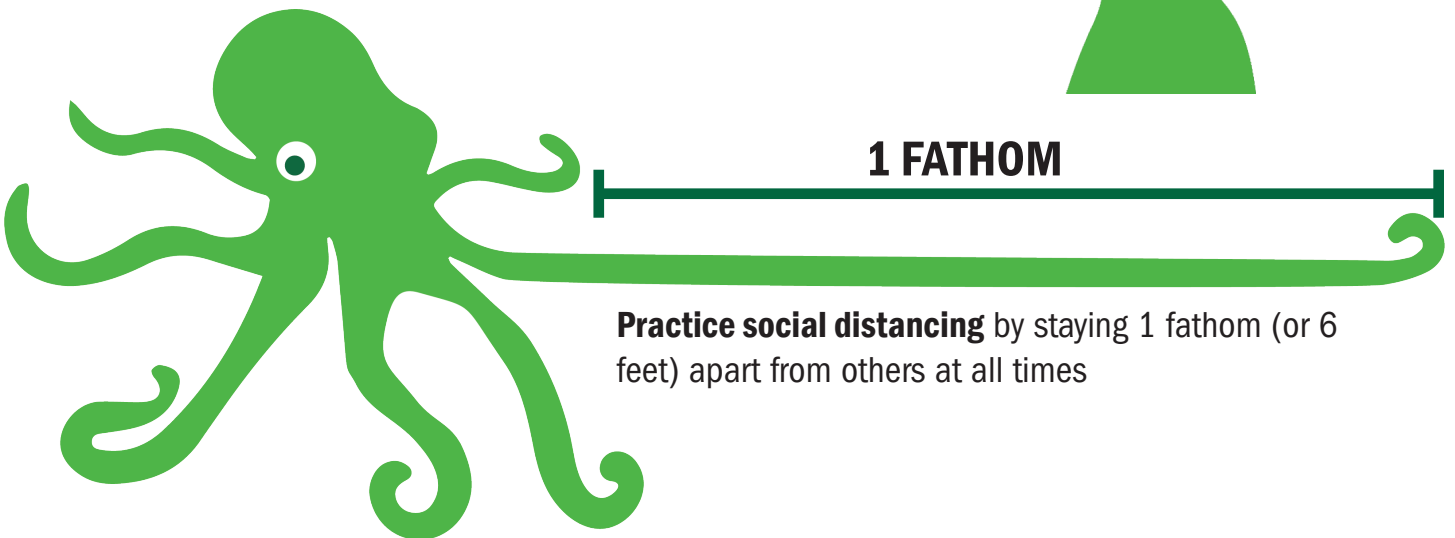


Protect yourself & others from infectious diseases!

Wear a cloth face covering in public settings



Practice social distancing by staying 1 fathom (or 6 feet) apart from others at all times



Wash your hands with soap and warm water regularly



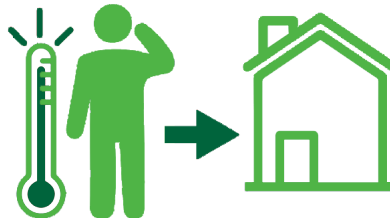
Cover a cough or sneeze with your sleeve or tissue. Dispose of tissue and wash hands afterward.



Avoid touching eyes, nose or mouth



Clean and disinfect “high-touch” surfaces such as doorknobs, counters, phones, keyboards and bathroom fixtures often



Stay home if you are feeling unwell, particularly if you experience respiratory symptoms like a cough or fever



Get help if you are experiencing symptoms of COVID-19 (cough, fever, shortness of breath). Call care provider before seeking care

Text **POHCovid19** to **888-777** for breaking updates from the Port

COVID Port info: portofhueneme.org/coronavirus-update